



Date: March 15th 2019

Patient Information

Patient Name: **Mrs. Jane Doe**
Family Physician: Dr. Smith
Date of initial visit: March 3rd 2019

MD Information

Dr. Smith
Family Medicine Centre
123 Rideau St.
Ottawa, ON K1A 2B3

Diagnosis/Clinical Impression

Original Diagnosis: Cervical and thoracic facet syndrome, secondary to upper cross syndrome; lumbar facet syndrome.
Revised Diagnosis: N/A

Treatment Outcome

- Patient Discharged
 - Signs/symptoms resolved
 - Maximum therapeutic benefit attained
 - Signs/symptoms unchanged
 - Referred to physician
 - Inappropriate for care

Revised Plan of Management

- SMT
- Mobilization
- Soft Tissue Therapy
- Exercise Program
- Other:

- Care is ongoing
 - Patient is improving but signs/symptoms have not yet resolved
 - Patient is stable and care to be provided as necessary

Initial Treatment Plan: 12 visits
Subsequent Treatment Plan:
Reassessment Period: 6 visits

Comments/Suggestions:

Mrs. Doe has reported a 50% improvement in her C/S and L/S pain since commencing chiropractic care. She has noted the tingling in her right hand has stopped. Mrs. Doe has started home exercises with a focus on improving her posture.

Recommendations:

Mrs. Doe should continue the prescribed exercise regimen 3x/week and a full re-examination of her case will be conducted in 6 visits.

Provider:

Signature: _____