



Date: March 15<sup>th</sup> 2019

**Patient Information**

Patient Name: **Mrs. Jane Doe**  
Family Physician: Dr. Smith  
Date of initial visit: March 3<sup>rd</sup> 2019

**MD Information**

Dr. Smith  
Family Medicine Centre  
123 Rideau St.  
Ottawa, Ontario K1A 2B3

**Diagnosis/Clinical Impression**

Original Diagnosis: Cervical and thoracic facet syndrome, secondary to upper cross syndrome; lumbar facet syndrome.  
Revised Diagnosis: N/A

**Treatment Outcome**

- Patient Discharged
  - Signs/symptoms resolved
  - Maximum therapeutic benefit attained
  - Signs/symptoms unchanged
  - Referred to physician
  - Inappropriate for care
- Care is ongoing
  - Patient is improving but signs/symptoms have not yet resolved
  - Patient is stable and care to be provided as necessary

**Revised Plan of Management**

- SMT
- Mobilization
- Soft Tissue Therapy
- Exercise Program
- Other:

Initial Treatment Plan: 12 visits  
Subsequent Treatment Plan:  
Reassessment Period: 6 visits

**Comments/Suggestions:**

Mrs. Doe has reported a 50% improvement in her C/S and L/S pain since commencing chiropractic care. She has noted the tingling in her right hand has stopped. Mrs. Doe has started home exercises with a focus on improving her posture.

**Recommendations:**

Mrs. Doe should continue the prescribed exercise regimen 3x/week and a full re-examination of her case will be conducted in 6 visits.

**Provider:**

**Signature:** \_\_\_\_\_